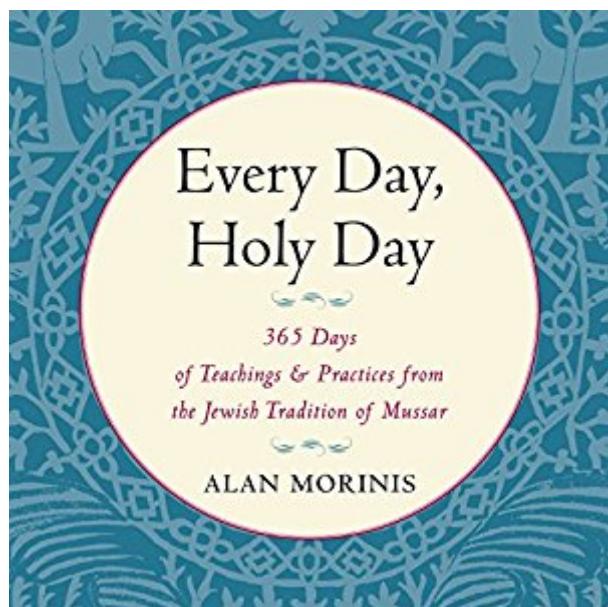


The book was found

Every Day, Holy Day: 365 Days Of Teachings And Practices From The Jewish Tradition Of Mussar



Synopsis

"You shall be holy," teaches the Bible. The masters of the Jewish Mussar tradition have crafted a roadmap to help people approach that lofty goal. Mussar is a system of introspective practices that can help you identify and break through the obstacles to your inherent holiness, using methods that are easy to integrate into daily life. Every Day, Holy Day is an essential companion for anyone who wants to experience the life-changing gifts of Mussar. The program laid out in this audiobook focuses on 26 traits (middot) - such as loving-kindness, strength, generosity, compassion, honor, and equanimity - each of which takes center stage for a week of contemplation and exercises, in order to develop and refine that quality in yourself. Alan Morinis invites you to follow the Mussar path with him for a year. It is remarkably simple, and also remarkably effective in helping you overcome negative tendencies and strengthen positive ones - and to reveal your innate holiness in the process.

Book Information

Audible Audio Edition

Listening Length: 3 hours and 59 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: December 10, 2014

Language: English

ASIN: B00QU4MS2I

Best Sellers Rank: #69 in Books > Audible Audiobooks > Religion & Spirituality > Judaism #75 in Books > Religion & Spirituality > Judaism > Movements > Orthodox #85 in Books > Religion & Spirituality > Judaism > Prayerbooks

Customer Reviews

While I received much teaching and inspiration from the author's original book on Mussar, this "Every Day, Holiday Day," pales in comparison. Its series of repetitive phrases and paragraphs taken from the first book didn't reach the heart of this reader because the writing was removed from its original context. As a fan of Alan Morinis, I recommend that you buy the author's original book on Mussar mentioned above. I also recommend not wasting your money on its imitation.

This is actually my third copy of Every Day, Holy Day; I have used one each year 2012, 2013, and for this year 2014. The format of the book, set out for a year's practice and a page for each day with space on each page for daily accounting of the soul, supports the Mussar practices of reading, meditation, chant and practice of one particular soul trait and taking daily experiential notes. Excellent, practical companion on the Mussar path.

I love this book. It has so many profound words in it that can be used for meditation.

I begin my morning quiet time with Every Day, Holy Day and the words of wisdom stay with me through out the day. I am so happy I bought the book. Some of the writings bring me back to my youth at my Grandmother's knee. As she taught me how to be a loving person believing in God.

Really a great read.

Marvelous

Great book. As a Ukrainian Orthodox priest, this book has added new depth to my Kabbalah practice and study.

I ordered the PJs as a gift and am totally satisfied. They are as cute as the picture and the size is right on.

[Download to continue reading...](#)

Every Day, Holy Day: 365 Days of Teachings and Practices from the Jewish Tradition of Mussar
Crafting: 365 Days of Crafting: 365 Crafting Patterns for 365 Days (Crafting Books, Crafts, DIY Crafts, Hobbies and Crafts, How to Craft Projects, Handmade, Holiday Christmas Crafting Ideas)
Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Crochet: 365 Days of Crochet: 365 Crochet Patterns for 365 Days (Crochet, Crochet Patterns, DIY Crochet, Crochet Books, Crochet for Beginners, Crochet Afghans, Crochet Christmas, Holiday Crochet) Knitting: 365 Days of Knitting: 365 Knitting Patterns for 365 Days (Knitting, Knitting Patterns, DIY Knitting, Knitting Books, Knitting for Beginners, Knitting Stitches, Knitting Magazines, Crochet) With Heart in Mind: Mussar Teachings to Transform Your Life

Everyday Holiness: The Jewish Spiritual Path of Mussar Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days The Jewish Experience of Time: Philosophical Dimensions of the Jewish Holy Days The Sexual Practices of Quodoushka: Teachings from the Nagual Tradition Days of Awe: A Treasury of Jewish Wisdom for Reflection, Repentance, and Renewal on the High Holy Days The Must Have 2017 Sudoku Puzzle Book: 365 daily sudoku puzzle book for 2017 sudoku. Sudoku puzzles for every day of the year. 365 Sudoku Games - 5 levels of difficulty (easy to hard) The Bible: 16 Symbolic Teachings Every Christian Needs to Study on Life with the Holy Book and Jesus Christ Your True Home: The Everyday Wisdom of Thich Nhat Hanh: 365 days of practical, powerful teachings from the beloved Zen teacher Every Day for Every Man: 365 Readings for Those Engaged in the Battle One People?: Tradition, Modernity and Jewish Unity (Littman Library of Jewish Civilization) 365 Days Of Walking The Red Road: The Native American Path to Leading a Spiritual Life Every Day (Religion and Spirituality) Air Fryer Cookbook: 365 Days of Air Fryer Cookbook - 365 Healthy, Quick and Easy Recipes to Fry, Bake, Grill, and Roast with Air Fryer (Everything Complete Air Fryer Book, Vegan, Paleo, Pot, Meals) Dartmoor 365: An Exploration of Every One of the 365 Square Miles in the Dartmoor National Park Taste of Home 365 Days of Cookies: Sweeten Your Year with a New Cookie Every Day

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)